



ANGLICAN DIOCESE OF WANGARATTA
PAROCHIAL DISTRICT OF WANGARATTA WEST & THE WARBYS

Last Sunday after Epiphany
TRANSFIGURATION SUNDAY
11th February 2024

Shrove Tuesday, the day immediately preceding Ash Wednesday (the beginning of Lent in Western churches). Shrove Tuesday is the English name for the day before Ash Wednesday, in French it is called *Mardi gras* and in German *fetter Dienstag*.

Shrove, derived from shrive, refers to the confession of sins as a preparation for Lent, a usual practice in Europe in the Middle Ages. On Shrove Tuesday, it was once the custom for many Christians to make a special point of self-examination, of considering what wrongs they need to repent, and what amendments of life or areas of spiritual growth they especially need to ask God's help in dealing with. Often they would consult on these matters with a spiritual counsellor, or receive shrift.

We can see how this custom has fallen into disuse and these days the other aspects of the day are all that is 'celebrated' so to speak.

Shrove Tuesday is also called Fat Tuesday because on that day a thrifty housewife uses up the fats that she has kept around (the can of bacon drippings, or whatever) for cooking, but that will not be used during Lent. Since pancakes are a standard way of using up fat, the day is also called Pancake Tuesday. In England, and perhaps elsewhere, the day is celebrated with pancake races. The contestants run a course while holding a griddle and flipping a pancake. Points are awarded for time, for number and height of flips, and number of times the pancake turns over. There are of course penalties for dropping the pancake. Similarly rich pre-Lenten treats, sweet *paçzki* are traditional in Poland, and king cake is an iconic part of Mardi Gras ("Fat Tuesday") in New Orleans.

So much as Hot Cross Buns are no longer confined to their original use, so these days we find people going to much trouble to get together the ingredients for pancakes, rather than pancakes being a way of using up what is in the pantry. Any excuse for a party I guess!

Ash Wednesday

The first day of Lent is marked with a special liturgy. The theme for the day, though not for all of Lent, is that we stand as sinners condemned to die, but for God's grace. This is symbolized by the imposition of ashes on the forehead, with the words, "You are dust and to dust you shall return." In the Old Testament, ashes were a sign of penitence (feeling regretful at offences) and mourning.

Ash Wednesday is one of two days of special observance (the other being Good Friday) for which fasting is recommended. While this usually refers going without food for the entire day, this practice is not practical for all persons, including, but not limited to, diabetics. Use your own discretion in determining how you can best observe this day.

Italics are my commentary. Neil Hicks.

Dates for your Diary

14th February—Ash Wednesday (9.30am)
15th February—10.30am Parish Council
21st February—2.00pm, ConTACT—St Paul's.
1st March—World Day of Prayer
21st March—2.00pm, Contact Drop-In St Paul's
23rd March—Lady Day at the Cathedral
29th March—Good Friday
31st March—Easter Day
4th May—Artisan Market

Please start potting up plants for our plant stall, it has always been a great attraction and money spinner!

Shrove Tuesday We kept a number of pancakes in the freezer that were not used at the November Artisan Market, and these are now offered for sale so that you can have your own pancake night! Please let Sue (Wheeler) or Margaret know how many you would like - price to be negotiated!

Saturday– 24th February - 10.00am:

Workshop for all interested people on the topic
ANGLICAN POLITY.
Cathedral College, Wangaratta.
Booking Essential. No Cost.

World Day of Prayer—Friday 1st March at 10.30am.

All Wangaratta Churches have been invited to join us for this service, so please seriously consider coming. We will be needing a few of our parishioners to read and contribute to the morning tea to follow the service. Sue (Wheeler) will be co-ordinating morning tea, so please advise her if you can assist in this way, and one person has stepped forward to read, thanks.

Archdeacon John Davis has accepted our invitation to be our guest speaker.

Community Raffle: Thank you for returning your books. We have some individual tickets as well as books of 10 still for sale. If you want tickets, please see Margaret Gibson or Fr Neil.

LAST WEEK FOR BUYING

WHAT'S ON & DAILY BIBLE READINGS

Monday, 12th February 2024.

James 1. 1-11; Psalm 119. 65-72; Mark 8. 11-13.

Tuesday, 13th Shrove Tuesday

James 1. 12-18; Psalm 94. 12-19; Mark 8. 14-21.
Pangerang at St Michael's

Wednesday, 14th ASH WEDNESDAY

Joel 2. 1-2, 12-17 or Isaiah 58. 1-12
Psalm 51. 1-17; 2 Corinthians 5. 20b—6.10
Matthew 6.1-6, (7-15) 16-21 or John 8. 1-11.
9.30am Ash Wednesday Liturgy with Imposition of Ashes.
10.30am Craft Group—St Michael's Hall.

Thursday, 15th

Deuteronomy 30. 15-20; Psalm 1; Luke 9. 22-25.
9.30am, Holy Eucharist— St. Michael's
10.15am, morning tea
10.30am, Parish Council—St Michael's Hall.

Friday, 16th

Isaiah 58. 1-9a; Psalm 51. 15-19; Matthew 9. 14-15.
9.00am—12 midday, Pangerang at St Paul's.
6.00pm, The Chosen—St Michael's Church & Hall.

Saturday, 17th

Isaiah 58. 9b-14; Psalm 86. 1-7; Luke 5. 27-32.

Sunday 18th February 2024, First Sunday in LENT

8.00am, Eucharist @St George's, Taminick

9.30am, Eucharist @St. Michael's, Wangaratta.

11.00am, Ante Communion @St Paul's, Glenrowan.

Genesis 9. 8-17; Psalm 25. 1-10; 1 Peter 3. 18-22; Mark 1. 9-15.



All non-perishable items are appreciated, and as a special treat for children - muesli bars or similar.

Sweet and Savoury biscuits, tuna, tomato and BBQ sauce, tinned peas and beans, chunky and cuppa soup;

This week's special focus: Large Tinned Tuna. Pasta Sauce.

It is also OK to buy dog food as this cannot be obtained through the food share programme.



Sunday 11th February 2024

- ◆ **The World:** Austria, Liechtenstein, Switzerland.
- ◆ **Australia:** Schools, TAFE Colleges, Universities.
All involved in Education Chaplaincies and SRE.
- ◆ **The Church in our nation:** Congregational Federation.
- ◆ **The Anglican Church of Australia:** The Diocese of Gippsland
Bishop Richard Treloar (*Leanne Habeeb*). Clergy and People.
- ◆ **Our Diocese:** Bishop Clarence Bester (*Michelle & family*).
The Parish of Kilmore: P-i-C: David Kerr. the Parish leaders and communities at: Christ Church, Kilmore. The Transfiguration, Pyalong. St Matthew's, Broadford St Stephen's, Tallarook.

LAY MINISTRIES: We give thanks and pray for the ministries of all Anglicans in the church, their homes, in friendships, in their daily lives and their work and recreation in the wider community.

- ◆ **Our Parish.** Our support of Loaves & Fishes, Christians Caring.
- ◆ **Those in Need:** Zoe. Robert P. Nina Colson. Melanie. Warren G. Wayne.
Vi Bussell. Kaye McKenzie. Josef.
- ◆ **Died Recently:** Reg Floyd, obit February 4th.
- ◆ **Year's Mind: 11th - 17th February:**
[11/02] Bill Powell. [12/02] Lois Lovell, 2012. John Haigh, 1983.
[13/02] Kevin Varcoe, 2016. [14/02] Trevor Colson, 2004.
[15/02] Herbert Chamberlain, 1975. Margaret McCormick, 2020.
[16/02] Ernest Hughes, 1991. [17/02] Andrew Kerris, 1996.

Rest eternal grant unto them O Lord.
And may light perpetual shine upon them.

Prayer of the week (*pray daily*)

Almighty God,
you have given your only Son to be for us both a sacrifice for sin,
and also an example of godly life:
give us grace that we may always thankfully receive the benefits of
his sacrifice, and also daily endeavour to follow the blessed steps of
his most holy life; through the same Jesus Christ our Lord,
who is alive and reigns with you and the Holy Spirit,
one God, now and for ever. **Amen.**



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