



## GATHERING IN GOD'S NAME

Opening Hymn: Tune, Bangor

1. **From ashes to the living font  
your Church must journey, Lord,  
Baptised in grace, in grace renewed  
By your most holy word.**
2. **Through fasting, prayer, and charity,  
Your voice speaks deep within,  
Returning us to ways of truth  
and turning us from sin.**
3. **From desert to the mountaintop  
in Christ our way we see,  
so, tempered by temptation's might  
we might transfigured be.**
4. **From ashes to the living font  
your Church must journey still,  
Through cross and tomb to Easter joy,  
in Spirit-fire fulfilled.**

Alan J. Hommerding, b.1956;  
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*The priest greets and welcomes the people*

The Lord be with you.  
**And also with you.**

*The Acclamation*

Bless the Lord who forgives all our sins,  
**whose mercy endures for ever.**

*The Sentence*

The time is fulfilled, and the kingdom of God has come near;  
repent, and believe in the good news.

Mark 1.15

*Please kneel or be seated*

Compassion and forgiveness belong to the Lord our God,  
though we have rebelled and wandered far off.

Let us then ask for mercy,  
confessing our sins in penitence and faith.

*The Litany is said.*

God the Father, **have mercy on us.**

God the Son, **have mercy on us.**

God the Holy Spirit, **have mercy on us.**

Holy Trinity, one God, **have mercy on us.**

From all evil and mischief;  
from pride, vanity and hypocrisy;  
from envy, hatred and malice;  
and from all evil intent,

**good Lord, deliver us.**

From sloth, worldliness and love of money;  
from hardness of heart  
and contempt of your word and your laws,

**good Lord, deliver us.**

From sins of body and mind;  
from deceits of the world, the flesh and the devil,

**good Lord, deliver us.**

In all times of sorrow; in all times of joy;  
in the hour of our death and at the day of judgement,

**good Lord, deliver us.**

By the mystery of your holy incarnation;  
by your birth, childhood and obedience;  
by your baptism, fasting and temptation,

**good Lord, deliver us.**

By your ministry in word and work;  
by your mighty acts of power;  
and by your preaching of the kingdom,

**good Lord, deliver us.**

By your agony and trial; by your cross and passion;  
and by your precious death and burial,

**good Lord, deliver us.**

By your mighty resurrection;  
by your glorious ascension;  
and by your sending of the Holy Spirit,  
**good Lord, deliver us.**

Give us true repentance;  
forgive us our sins of negligence and ignorance  
and our deliberate sins;  
and grant us the grace of your Holy Spirit to amend our lives  
according to your holy word.

*The Kyries*

**Lord, have mercy. Lord, have mercy. Lord, have mercy.  
Christ, have mercy. Christ, have mercy. Christ, have mercy.  
Lord, have mercy. Lord, have mercy. Lord, have mercy.**

*The Absolution*

May almighty God have mercy on you,  
forgive you your sins  
and bring you to everlasting life,  
through Jesus Christ our Lord. **Amen.**

*The Collect*

Let us pray.  
Almighty God,  
whose Son fasted forty days in the wilderness,  
and was tempted as we are, yet did not sin:  
give us grace to direct our lives in obedience to your will,  
that, as you know our weakness,  
so we may know your power to save;  
through Jesus Christ our Redeemer,  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever. **Amen.**

*Please be seated*

THE MINISTRY OF THE WORD

**A reading from the Book Genesis [9. 8-17]**

Then God said to Noah and to his sons with him, 'As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood,

and never again shall there be a flood to destroy the earth.’ God said, ‘This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.’ God said to Noah, ‘This is the sign of the covenant that I have established between me and all flesh that is on the earth.’

Hear the word of the Lord,  
**thanks be to God.**

### **Psalm 25. 1-10**

In you, O Lord my God, have I put my hope:  
**in you have I trusted, let me not be ashamed,  
nor let my enemies triumph over me.**

Let none who wait for you be put to shame:  
**but let those that break faith  
be confounded and gain nothing.**

*Show me your ways, O Lord:  
and teach me your paths.*

Lead me in the ways of your truth, and teach me:  
**for you are the God of my salvation.**

In you have I hoped all the day long:  
**because of your goodness, O Lord.**

Call to mind your compassion and your loving-kindness:  
**for they are from of old.**

Remember not the sins of my youth, nor my transgressions:  
**but according to your mercy think on me.**

*Good and upright is the Lord:  
therefore will he direct sinners in the way.*

*The meek he will guide in the path of justice:  
and teach the humble his ways.*

*All the paths of the Lord are faithful and true:  
for those who keep his covenant and his commandments.*

## **A reading from the First Letter of Peter [3. 18-22]**

For Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight people, were saved through water. And baptism, which this prefigured, now saves you—not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

Hear the word of the Lord,  
**thanks be to God.**

**Gradual Hymn:** AHB 506 / TiS 591. Tune, Heinlein

- 1. Forty days and forty nights  
you were fasting in the wild,  
forty days and forty nights  
tempted, and yet undefiled:**
- 2. let us your endurance share  
and from earthly greed abstain,  
with you watching unto prayer,  
with you strong to suffer pain.**
- 3. And if Satan on us press  
flesh or spirit to assail,  
Victor in the wilderness,  
grant we may not faint or fail.**
- 4. Keep, O keep us, Saviour dear,  
ever constant by your side,  
that with you we may appear  
at the eternal Eastertide.**

George Hunt Smyttan 1822–70 and  
Francis Pott 1832–1909 alt.

The Gospel of our Lord Jesus Christ according to Mark [1. 9-15]  
**Glory to you Lord Jesus Christ.**

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased.'

And the Spirit immediately drove him out into the wilderness. He was in the wilderness for forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.'

For the Gospel of the Lord,  
**praise to you Lord Jesus Christ.**

*The Sermon*

*Silence for Reflection*

*The Nicene Creed is said, all standing.*

**We believe in one God, the Father, the almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from Light,  
true God from true God, begotten, not made, of one being with the  
Father; through him all things were made.**

**For us and for our salvation he came down from heaven,  
was incarnate of the Holy Spirit and the virgin Mary  
and became truly human.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the  
Father. He will come again in glory to judge the living and the  
dead and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

#### THE PRAYERS OF THE PEOPLE

Almighty God, your Son Jesus Christ has promised that you will hear us when we ask in faith receive the prayers we offer.

Accept our prayers through Jesus Christ our Lord,  
who taught us to pray,

**Our Father in heaven, hallowed be your Name,  
your kingdom come, your will be done on earth as in heaven.  
Give us today our daily bread.**

**Forgive us our sins as we forgive those who sin against us.  
Save us from the time of trial and deliver us from evil.**

**For the kingdom, the power, and the glory are yours  
now and for ever. Amen.**

## THE GREETING OF PEACE

Christ has reconciled us to God  
in one body by the cross.

**We meet in his name  
and share his peace.**

The peace of the Lord be always with you.  
**And also with you.**

**Offertory Hymn:** AHB 593 / TiS 502. Tune, Anima Christi.

- 1. Soul of my Saviour, sanctify my breast;  
body of Christ, be my true saving guest;  
blood of my Saviour, bathe me in your tide;  
wash me with water flowing from your side.**
- 2. Strength and protection may your Passion be;  
O blessed Jesus, hear and answer me:  
deep in your wounds, Lord, hide and shelter me;  
so shall I never from you parted be.**
- 3. From the foul enemy my soul defend;  
in death's dread moments be my loving friend;  
call me, and bid me come to you on high,  
when I may praise you with your saints for ay.**

Anon. Latin, 14th cent.  
tr. J. Hegarty, S.J., d.1834 alt.

## THE GREAT THANKSGIVING

The Lord be with you. **And also with you.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is indeed right, it is our duty, our joy and our salvation,  
that we should at all times and in all places give thanks to you,  
almighty and everlasting God,  
through Jesus Christ your only Son our Lord.

For in these forty days you lead us into the desert of repentance  
that through a pilgrimage of prayer and discipline  
we may grow in grace and learn to be your people once again.

Through fasting, prayer and acts of service  
you bring us back to your generous heart.  
Through study of your holy word you open our eyes  
to your presence in the world  
and free our hands to welcome others  
into the radiant splendour of your love.  
As we prepare to celebrate the Easter feast  
with joyful hearts and minds  
we bless you for your mercy and join with saints and angels  
for ever praising you and singing/saying:

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.**

♪♪♪ **Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Holy and gracious God, all creation rightly gives you praise.  
All life, all holiness, comes from you  
through your Son, Jesus Christ our Lord,  
whom you sent to share our human nature,  
to live and die as one of us,  
to reconcile us to you, the God and Father of all.

Hear us, merciful Lord;  
through Christ accept our sacrifice of praise;  
and, by the power of your Word and Holy Spirit,  
sanctify this bread and wine,  
that we who share in this holy sacrament  
may be partakers of Christ's body and blood. ✕

Who, when his hour had come,  
on the night before he went up to the cross  
to make full atonement for the sins of the whole world,  
offering once for all his one sacrifice of himself,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying,



'Take, eat: this is my body which is given for you;  
do this in remembrance of me.' ✠

In the same way,

after supper he took the cup and gave you thanks;  
he gave it to them, saying,

'Drink this, all of you; this is my blood of the new covenant  
which is shed for you and for many for the forgiveness of sins.

Do this, as often as you drink it, in remembrance of me.' ✠

Let us proclaim the mystery of faith:

**Christ has died: Christ is risen: Christ will come again.**

Therefore, in obedience to his command,  
we commemorate and celebrate his saving passion and death,  
his mighty resurrection and ascension into heaven  
and we eagerly await his coming again in glory.

We thank you that by your grace alone  
you have accepted us in Christ;  
and here we offer you a spiritual sacrifice,  
holy and acceptable in your sight.

Through Christ, receive this our duty and service,  
and grant that we who eat and drink these holy gifts  
may, by your Holy Spirit, be one body in Christ,  
and serve you in unity and peace.

In your grace and mercy,  
bring us to the joy of your eternal kingdom  
with all the company of the redeemed.  
May we praise you in union with them,  
and give you glory through your Son, Jesus Christ.

Through him, with him, in him,  
in the unity of the Holy Spirit,  
we worship you, Father eternal,  
in songs of never-ending praise:

**Blessing and honour and glory and power  
be yours for ever and ever. Amen.**

THE BREAKING OF THE BREAD AND THE COMMUNION

*The bread is broken*

We break this bread,

**Communion in Christ's body once broken.**

Let us pray

**We do not presume to come to your table,  
merciful Lord,  
trusting in our own righteousness,  
but in your manifold and great mercies.  
We are not worthy  
so much as to gather up the crumbs under your table.  
But you are the same Lord  
whose nature is always to have mercy.  
Grant us, therefore, gracious Lord,  
so to eat the flesh of your dear Son Jesus Christ,  
and to drink his blood,  
that we may evermore dwell in him,  
and he in us. Amen.**

*Invitation to Communion*

The gifts of God for the People of God.  
**Thanks be to God.**

*After all have Communicated—tune, Christe Sanctorum (1) AHB 2.*

1. Father almighty, we your humble servants,  
fed by the blood and body of our saviour,  
offer ourselves, our souls and bodies to you  
thanking you always.
2. We, as a living sacrifice, now ask you:  
send us to work, empowered by your Spirit,  
that we may live to bring you praise and glory  
so let it be, Lord.

Michael Saward (born 1932)  
after W H H Jervois (1852 - 1905)  
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## THE SENDING OUT OF GOD'S PEOPLE

Lord God,  
you have renewed us with the living bread from heaven;  
by it you nourish our faith,  
increase our hope,  
and strengthen our love:

teach us always to hunger for him  
who is the true and living bread,  
and enable us to live by every word  
that proceeds from out of your mouth;

**Father of all**

**we give you thanks and praise  
that when we were still far off  
you met us in your Son and brought us home.  
Dying and living, he declared your love,  
gave us grace, and opened the gate of glory.  
May we who share Christ's body live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights give light to the world.  
Keep us in this hope that we have grasped;  
so we and all your children shall be free,  
and the whole earth live to praise your name. Amen.**

*Notices*

**Concluding Hymn:** AHB 396 / TiS 463. Tune, Lindfield.

*Refrain: May this Lenten discipline,  
which we undertake with love,  
turn our minds to things above.*

- 1. Sin has sundered us from God,  
selfish we have grown and cold,  
foolish were the ways we trod,  
evil habits keep their hold.     *Refrain***
- 2. Now we fast that we may feast  
where the Lord of Life presides;  
may our hunger be increased  
for the bread which he provides.     *Refrain***
- 3. As we keep this Lent with prayer  
and from pleasures are withdrawn,  
minds and bodies we prepare  
for the joy of Easter dawn.     *Refrain***

James Phillip McAuley 1917–76  
Words by permission Curtis Brown (Aust)

*The Blessing*

Christ give you strength to overcome all temptation,  
to deny yourself,  
and to take up your cross and follow him;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always. **Amen.**

*Dismissal*

Go in the peace of Christ.  
**Thanks be to God.**

Resources used in this Order of Service include:

Text from *A Prayer Book for Australia* (Sydney: Broughton Books, 1995) © 1995, The Anglican Church of Australia Trusts Corporation.

The Great Litany (excerpts) Chants: *The Manual of Plainsong* (Novello: 1951) ad. Philip Nicholls (b. 1976)

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Compiled by Neil Hicks, February 2024. CCLI 637628